



## The Zones of Regulation Half Day Webinar for MN Paraprofessionals Sponsored by Minnesota Low Incidence Projects

**Cost:** No cost, sponsored by the MN LI Projects

**Audience:** This training is limited to paraprofessionals in MN only

**Date:** May 8, 2020, 8:30 a.m. – 11:30 a.m.

**Live Webinar Online via Zoom** (not available for download or future viewing)

### Webinar description:

The Zones of Regulation is a systematic approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete colored zones. The Zones provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.

This half day live webinar is a condensed version of the full day training. Participants will gain a basic understanding of the Zones framework and support for implementation. This condensed version will highlight key components of the curriculum (2.75 clock hours and a 15-minute break).

**Register online at:** <http://metroecu.myquickreg.com/register/event/>

Click on the training you would like to attend, and 1) login if you are already a user OR 2) create a user profile **and then** register. Creating a user profile does not register you for any events.

Immediate confirmation will arrive at the email address you put in your user profile from [do-not-reply@myquickreg.com](mailto:do-not-reply@myquickreg.com). If you did not receive a confirmation email, you are not registered. If a confirmation does not arrive, contact Gail Jankowski (below) for help getting registered.

**The Zoom Meeting link will be sent to all registered participants on Thursday, May 7<sup>th</sup>.**

**Registration Questions:** Gail Jankowski | [click here to send Gail Jankowski an email message](#)

### PLEASE READ CAREFULLY

- This training is being offered on a “first-come first-served” basis for registration.
- We expect this training to fill quickly. We are unable to increase the participant limit of this training.
- If the training is full when attempting to register, you will have the option to be added to the waiting list.
- If there are cancellations and your name is moved up from the waiting list, you will receive an email.
- If you do not get into this training, self-directed opportunities for professional development in ASD are available for all paraprofessionals. A list we have compiled for you can be found at:  
[https://metroecu.myquickreg.com/site\\_uploads/events/16074/ASDParaprofessionalResources\\_May\\_2020F.pdf](https://metroecu.myquickreg.com/site_uploads/events/16074/ASDParaprofessionalResources_May_2020F.pdf)



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